

EMPLOYEE ASSISTANCE PROGAM



STATE OF FLORIDA - EAP SUMMARY OF SERVICES

COUNSELING SERVICES Up to four counseling sessions are available for issues affecting employees. Individuals may speak with a professional counselor by phone, and the Employee Assistance Program will provide a referral to see a local counselor at no cost for issues such as:	 Anxiety and stress Depression Grief Parenting Drug or alcohol abuse 	 Transition and change Relationships – individual, marital, and family
FAMILY CAREGIVING SERVICES Referrals and information are available on a variety of family matters, including:	 CHILD CARE AND PARENTING Prenatal care Daycare/summer camps Special needs services Preparing students for college 	 ELDERCARE Assisted living In-home care Transportation services Adult daycare
LEGAL SERVICES A 30 minute telephonic or in-person consultation is available to help answer basic legal questions and simplify the process of obtaining legal help. Some common legal concerns include:	AdoptionBankruptcyChild custodyCriminal issuesDivorce	Estate PlanningReal estateTenant's rightsMediation
FINANCIAL SERVICES A telephonic consultation with a qualified financial consultant is available to assist with a variety of financial concerns such as:	 Bankruptcy alternatives Budgeting and cash flow Credit issues Identity theft 	Education fundingIncome taxesMortgages
CONVENIENCE SERVICES The Employee Assistance Program includes complimentary referrals to convenience services to help members make the most of their money and free time.	 Repairs Moving and relocation services Cleaning services Car and hotel reservations 	
ONLINE TOOLS AND INFORMATION The EAP website is an interactive web-based self-service solution. The site provides a wide array of life management tools to help members with a variety of personal and/or work related issues in a private and convenient manner.	Research articlesWellness articlesOnline trainingsMonthly webinars	 Self-search locators forchild, academic and adult care resources And much more!

CONFIDENTIALITY: All discussions between you and your EAP professional are confidential. Information regarding your contact with the EAP cannot be released without your written consent, except by court order, imminent threat of harm to self or others, or in situations of abuse (such as child or elder abuse).

NO OUT-OF-POCKET COST: Your EAP is offered at no cost. Most concerns can be resolved directly with your EAP professional, but in the case that additional services are needed, your EAP professional will work with you to identify the most appropriate and affordable community resource to help meet your needs. Please note that referrals to services outside the EAP benefit may require out-of-pocket cost.

For more information Phone: 833-746-8337 Website: www.MyLifeExpert.com Company Code: FLORIDA